



The Camelot

Monthly Newsletter No. 132

September One 2022-2023



Page One printed for circulation—other pages sent by email to all parents/carers

We're all back... Welcome back

The buzz of our thriving, exceptional school is clear to see and we hope all parents/carers are reassured that their children are being educated in the best school available to them with a quality of education that is...

#exceptionaleveryday

Parents Evening—Autumn Term 2022

Tuesday 27th September

All parents/carers are invited to meet their child's class teacher in your child's new classroom, to hear about their current age related attainment levels and to see how they have started this year in their new class.

In response to parental feedback, the teachers will be offering dedicated 10 minute appointments for all children, Years Reception to Year Six (Nursery Parents Evening will be run slightly differently and a separate letter will follow).

To support 10 minute appointments for all, the school will close for all pupils at 1.00 p.m. on the Tuesday. Please arrange collection of your child at this time.

Please note that Parents Evening signing up will start next Tuesday 20th September but should you not be able to be in school next week you are encouraged to email the school office for a suitable appointment time. If you have three or more children in Reception to Year 6 we also recommend emailing the office this week to arrange properly spaced out appointments.

Surveys to support our school

To complement our Parents Evening we will be asking all parents/carers to complete a short targeted survey. There will also be pupil and staff surveys in September.

Hosted at Camelot School

With opportunity to earn up to £85 through your participation.. that's pretty



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES



South London
and Maudsley
NHS Foundation Trust



Scan
me

Good
parenting
ideas based

Are you a parent who finds it tough to manage strong emotions? Are you worried about your child's behaviour?

Would you be interested in participating in research on a new parenting group?

We are looking for parents of children, **aged 2-11**, who are worried about their child's behaviour to take part in research on a **new parenting group**. Being a Parent- Enjoying Family Life is for parents who may be experiencing **strong emotions** which spillover into their parenting, who may **struggle to trust** in relationships/friendships or may have experienced challenging childhoods or invalidating relationships with their own parents.

**Starts at Camelot in
week commencing
26th September**

**Sign up using the QR
code here or by
talking to Miss
Wilkinson**

We want to test whether BaP-EFL helps parents better than the original EPEC-BaP groups. BaP-EFL and EPEC-BaP are both ran **by parents, for parents**.



If you are interested and eligible for the study, you will receive either BaP-EFL or original EPEC-BaP **parenting groups**. The groups last between **9-10 weeks** for **2 hours** and cover topics such as **managing stress, positive parenting strategies and communication skills**. A creche will be provided if needed.

Parents will also be asked to complete online questionnaires and an at home interview before, after and 6 months after attending the group. You will receive **up to £85** for your participation in these questions

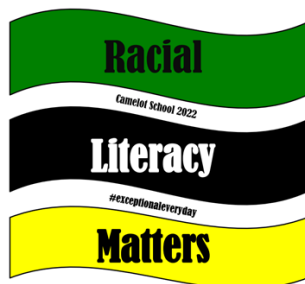
An update on our Flagship Programmes

Food flagship School:

Please see overleaf for our schools menu for the term ahead which is being shared with other schools to highlight the importance of an exceptional daily lunch for our children. The school is always looking for feedback on its offer and would welcome parents/carers joining us to try the school food and to provide their feedback. If you would be interested in a free school lunch eaten with the children please can you inform the school office on which day of the week works for you and we will arrange dates when groups of parents/carers will be invited to eat 'flagship food' with us!

Racial Literacy Flagship School:

Camelot School continues on in 2022 to be Southwark's Flagship School for communicating and sharing messages about the importance of a racially literate education and curriculum provision for our schools. We are working with many other schools across Southwark and have plans to work across schools in Lambeth and Lewisham ahead as well as sharing our training with governors of Southwark Schools.



Our Racial Literacy work aligns closely the Southwark Stands Together pledges which are to:

- promote an open and transparent culture where employees who experience/see racism or discrimination are able to raise it and expect the issue to be dealt with swiftly and fairly
- listen to and amplify our diverse voices within our organizations on how we create an inclusive, fair and representative workplace at all levels
- work to address and prevent structural racial inequalities and structural racism within our organization, the organizations we partner with and within the service the service we deliver
- champion organizations that address racial injustice and organizations that promote equality and diversity ensure that people of all backgrounds can rise to the top of the organisation



Camelot Primary School Lunch Menu – Week 1

Key - Halal H / Free Range FR / Red Tractor RT / Wholegrain W / MSC Certified M

	Choice of main dishes	Sides available and Dessert
Monday	Beef bolognese with spaghetti H RT Jacket potatoes filled with tuna, sweetcorn or cheese Vegetarian paella	Red cabbage and runner beans <i>Strawberry yoghurt and fruits</i>
Tuesday	Sizzling chicken tacos with traditional toppings H RT Vegetable medley with cous cous Mixed vegetables and tomato pasta	Garden broccoli and cauliflower <i>Autumn fruit salad with vanilla sauce</i>
Wednesday	Halal red Thai Turkey curry with rice H RT Bean and mushroom stroganoff with rice Stuffed butternut squash	British farmed peas and carrots <i>Seasonal fruit salad and yoghurt</i>
Thursday	Roast chicken with roasted potatoes and gravy H RT Omelette popovers with roast potatoes Brie and beetroot tart	Organic root vegetables <i>Homemade Mandarin jelly</i>
Friday	Macaroni cheese Slow-cooked Jacket potatoes filled with baked beans and cheese Vegetable quiche and feta salad	Mixed seasonal vegetables <i>Eve's pudding and custard</i>



Camelot Primary School Lunch Menu – Week 2

Key - Halal H / Free Range FR / Red Tractor / Wholegrain W / MSC Certified M

	Choice of main dishes	Sides available and Dessert
Monday	Lamb Goulash with mashed potato RT Vegetarian chow mein Butternut Emmental and quinoa roulades	Mixed seasonal vegetables <i>Banana and cinnamon rice pudding</i>
Tuesday	Finest British Beef lasagne with garlic bread H RT Jacket potatoes with tuna and cheese Cheese Omelette	Garden broccoli and cauliflower <i>Seasonal fruit salad and yoghurt</i>
Wednesday	Sweet and sour tofu stir fry with noodles Crisp jacket potatoes with cheddar cheese and beans Tuna pasta salad	Sweetcorn and peas <i>Shortbread and satsuma segments</i>
Thursday	Teriyaki chicken with brown rice H RT Lentil potato and spinach Thai curry Vegetarian enchiladas	Organic roast carrots <i>Baked apple with cinnamon</i>
Friday	Italian beef polpettone with basmati rice H RT Slow-cooked jacket potatoes filled with baked beans and cheese Vegetarian samosas and rice	Peas and low-sugar baked beans <i>Semolina with raisins</i>

The following is available daily – wholemeal, white and pitta bread / water and milk
A selection of salads including Greek salad, avocado salad, asparagus salad and prawn cocktail salad



Camelot Primary School Lunch Menu – Week 3

Key - Halal H / Free Range FR / Red Tractor RT / Wholegrain W / MSC Certified M

	Choice of main dishes	Sides available and Dessert
Monday	Creamy chicken korma with brown rice H RT Red lentil and sweet potato Balti with brown rice Assorted Nan breads	Steamed broccoli Chunky cauliflower <i>Apple and rhubarb crumble and custard</i>
Tuesday	Salmon ratatouille with pasta M Mixed bean and root vegetable fried rice Tuna, pasta salad	Garden peas and sweetcorn <i>Low fat fruit yoghurt</i> <i>Fresh fruit</i>
Wednesday	Tomato and red lentil lasagne Tomato and mixed vegetable rigatoni pasta Jacket potatoes with cheese and beans	Root vegetables <i>Banana pancakes and fruits</i>
Thursday	Jerk chicken with rice and peas H RT Pitta bread falafel and humus Four cheese ravioli	Organic roast carrots Green beans <i>Semolina with blackberry compote</i>
Friday	Greek style baked cod with potato wedges M Veggie sausage pasta bake Jacket potatoes with cheese and tuna mayo	Garden peas <i>Carrot cake and fruits</i>

The following is available daily – wholemeal, white and pitta bread / water and milk
A selection of salads including Greek salad, avocado salad, asparagus salad and prawn cocktail salad

One other Flagship area for Camelot School... holiday provision



Heads up all parents/carers of Year 3 to Year 6 children* that Camelot have bid for a full Winter CHAMPS provision for Monday 19th—Thursday 22nd December. The intention is also to provide all 100 children signing up to the full programme with a new school tracksuit to wear along with their CHAMPS t-shirt (please bear this in mind if you were planning to buy your growing child with a new tracksuit at this time).

Please note signing up will happen before October half term for the limited number of places available. (* unfortunately on this occasion, Year 1 & 2 pupils will only be offered places after Yr 3—6 sign up is complete).

Please remember that all schools are closed for an additional Bank Holiday for the funeral of Her Majesty Queen Elizabeth on Monday 19th September.
Please note the next date when the school has a staff training day inside a normal school week is then Friday 25th November . Thank you

Camelot School Term and Holiday dates

Academic year 2022/2023

Autumn term 2022

- Monday 5th September 2022* to Friday 21st October 2022 (35 school days)
Half Term Monday 24th October 2022 to Friday 28th October 2022
- Monday 31st October 2022 to Friday 16th December 2022 (34 school days)
Mid-term Inset Day Friday 25th November 2022

Spring term 2023

- Tuesday 3rd January 2023 to Friday 10th February 2023 (29 school days)
Half Term Monday 13th February 2023 to Friday 17th February 2023
- Monday 20th February 2023 to Friday 31st March 2023 (30 school days)

Summer term 2023

- Monday 17th April 2023 to Friday 26th May 2023 (30 school days)
Half Term Monday 29th May 2023 to Friday 2nd June 2023
- Tuesday 7th June 2023 to Wednesday 19th July 2023 (32 school days)

Total number of days for children in school: 190

Inset Days: 5 days for staff only

Thursday 1st September 2022

Friday 2nd September 2022

Friday 25th November 2022

Monday 6th June 2023

+ Twilight training – 1 session per term

Public holidays

- Christmas Day – Sunday 25th December 2022
- Boxing Day Holiday – Monday 26th December 2022
 - New Year's Day – Sunday 1st January 2023
- New Year's Bank Holiday - Monday 2nd January 2023
 - Good Friday - Friday 7th April 2023
 - Easter Sunday – Sunday 9th April 2023
 - May Day Bank Holiday - Monday 1st May 2023

Please remember holidays are not expected to be taken during the 190 school days of a child's annual educational entitlement