

# The Camelot

## Monthly Newsletter No. 123 March Two 2021-2022



Page One printed for circulation—other pages sent by email to all parents/carers

# Thank you to everyone

The school raised well over £1000 last week for our fundraiser for the terrible situation unfolding in Ukraine.

The plan is that this money will be sent to organisations working to support and protect the people and particularly the children of Ukraine at this significant time.

A special thanks is owed to our amazing flower arrangers



#### Plans for the final week of the Spring Term

Monday 28th March: Cyber Safety
Awareness Day and start of DT: Cooking and Nutrition Week (Yr 1—Yr 6)

<u>Tuesday 29th March:</u> Year 5 & 6 trip to Hamlet at the National Theatre

Wednesday 30th March: Camelot School to host the Racial Literacy Hub for all Southwark Schools.. a prestigious moment for our school

<u>Thursday 31st March:</u> Year 6 trip to St Pauls Cathedral

<u>Friday 1st April:</u> Early closing: School finishes from 12.00 noon for last day of term and teacher training afternoon







Times and Dates of SPRING CHAMPS 2021:

10.30 a.m. to 2.30 p.m. daily\*

Week One: Monday 4th to Friday 8th April inclusive

Week Two: Monday 11th to Wednesday 13th April inclusive

Camelot School, Bird in Bush Road gate, SE15 1QP

Mr Imran, CHAMPS leaders, 07931 616456

Mr Robinson, Camelot School Headteacher, 07944 720606

Miss Eastwood, Camelot School Designated Safeguarding Lead, 07931 615568

\* Millwall Community Trust after School football coaching sessions after CHAMPS are planned for across this holiday period. Please send a text to

Mr Imran on 07931 616456 if you think

your child would like to be included in

any of these free coaching sessions

which will run 2.30-4.30 p.m. daily.

CHAMPS is part of the Southwark Council Food and Fun offer and <u>is open to all children from any Southwark School</u> wishing to attend. Places are limited but CHAMPS is fully inclusive as a community provision.



#### Daily activities include:

- · Outdoor, physical and fun activities
- Cycle training aimed at Year 3 –6 (Week One)
- Creative and artistic activities including Big Art and Afro/Hip Hop Dance sessions
- Daily lunch and Take & Make food boxes to cook at home
- Alongside your holiday meal vouchers for all children entitled to support (£33 per child)
- · Lots of free fun and activities for those attending

### What Is Cyberbullying?

Cyberbullying is when someone uses technology to harass, threaten, embarrass, or target another person. It happens on devices like smartphones, computers, tablets, and gaming systems. Cyberbullying hurts people, and in some cases is against the law.

Sometimes cyberbullying can be easy to spot — for example, if your child shows you a text, comment, or post that is harsh, mean, or cruel. Other acts are less obvious, like posting someone's personal information, or using photos or videos that hurt or embarrass another person.

### What Are the Effects of Cyberbullying?

Children have almost constant access to their devices, so cyberbullying is hard to escape. Children can feel like they never get a break and feel the effects very strongly.

### What Are the Signs of Cyberbullying?

Many children who are cyberbullied don't want to tell a teacher, parent, or trusted adults, often because they feel ashamed or fear that their devices will be taken away at home.

Signs of cyberbullying vary, but may include:

- being emotionally upset during or after using the Internet or a phone and being secretive or protective of one's digital life
- withdrawal from or lack of interest in family members, friends, and activities and avoiding school or group gatherings
- changes in mood, behaviour, sleep, or appetite and suddenly wanting to stop using the computer or device
- being nervous when getting a message/text/email or avoids discussions about computer or phone activities

### How Can Parents Help?

If your child is thought to being cyberbullied

- Offer comfort and support.
- Let your child know that it's not their fault.
- Notify the school (but before reporting the problem, let your child know that you plan to do so, so that you can work out a plan that makes you both feel comfortable)
- Encourage your child not to respond to cyberbullying.
- Keep screen shots of the threatening messages, pictures, and texts.

Other things that may prevent future cyberbullying:

- Block the bully on any device your child may use.
- Limit your child's access to technology or keep the computer in a public place in the house as its easier to monitor (you might be able to turn off text messaging services during certain hours, and most websites, apps, and smartphones include parental control options that give parents access to their kids' messages and online life.
- Monitor use of social media.... know what sites your child uses....be part of your kids' online world.
- Put in writing a smartphone/social media contract with your child and one that you are all willing to keep

A first step for helping parents/carers with promoting Cyber Safety for your child

Monday 28th March 8.45 a.m.

**Attend a Parents/Carers Workshop with School** 

Staff to help support you in this area.

Please come along with an open mind and a desire to learn how to keep our children safe at this time without just the plan to remove all their access to the internet or social media.



# Southwark's FSM/NRPF Easter Holiday Offer

£33 per pupil if their circumstances apply—either Free School Meals (FSM) or No Recourse to Public Funds (NRPF)

Please ensure you have applied to be recognised by this allocation of excellent available money for you all at this time.

# Camelot School Term and Holiday dates

Academic year 2022/2023

## Autumn term 2022

- Friday 2<sup>nd</sup> September 2022\* to Friday 21<sup>st</sup> October 2022 (36 school days)
   Half Term Monday 24<sup>th</sup> October 2022 to Friday 28<sup>th</sup> October 2022
- Tuesday 1<sup>st</sup> November 2022 to Friday 16<sup>th</sup> December 2022 (33 school days)
   Mid-term Inset Day Friday 25<sup>th</sup> November 2022
- \* Please note Friday 2<sup>nd</sup> September is a planned transition day with an end of summer party after school for all children after their summer holidays. Pizzas and ice creams planned.

# Spring term 2023

- Tuesday 3<sup>rd</sup> January 2023 to Friday 10<sup>th</sup> February 2023 (29 school days)
   Half Term Monday 13<sup>th</sup> February 2023 to Friday 17<sup>th</sup> February 2023
- Monday 20<sup>th</sup> February 2023 to Friday 31<sup>st</sup> March 2023 (30 school days)

# Summer term 2023

- Monday 17<sup>th</sup> April 2023 to Friday 26<sup>th</sup> May 2023 (30 school days)
   Half Term Monday 29<sup>th</sup> May 2023 to Friday 2<sup>nd</sup> June 2023
- Tuesday 7<sup>th</sup> June 2023 to Wednesday 19<sup>th</sup> July 2023 (32 school days)

Total number of days for children in school: 190

Inset Days: 5 days for staff only

Thursday 1<sup>st</sup> September 2022 Monday 31<sup>st</sup> October 2022 Friday 25<sup>th</sup> November 2022 Monday 6<sup>th</sup> June 2023 + Twilight training – 1 session per term

## **Science Week and Winners 2022**

### This week was Science Week at Camelot!

We conducted a whole school Slime investigation and learnt how to make slime! First we answered some prediction questions based on how far we thought the slime would stretch and tested our hypothesis. Through our experiment, we learnt that when you make slime the glue's protein molecules crosslink with the borate ions (electrically charged molecules) in the activator, forming a new substance we all call "slime".

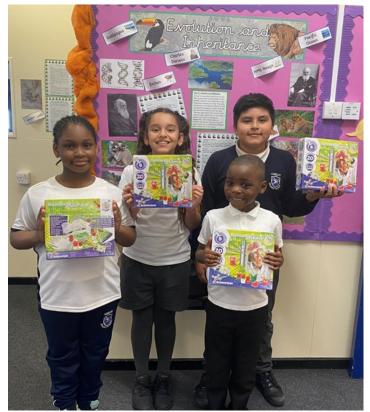
Did you know once slime is formed it cannot be separated again? We enjoyed learning about chemistry and exploring the following science concepts: states of matter, elasticity, and viscosity.

# We also had a Poster Competition! We used the prompt questions/ideas below to help us.

### Personal experience of growth

For example, growing your own cress plants to overcoming a challenge that you thought you could not do! How has it helped you to become stronger, braver, kinder, or more

accomplished?



How do you think the world has grown? Consider population growth, plant growth, economic growth or even the growth of cities and society. What is an example of good growth?

Can you think of people who have helped or inspired you to grow? Create a portrait to show this.

**Congratulations to the Science Poster Competition Winners.** 

Jaaziel (Yr 2, Himalayas class)
Aliyah (Yr 3, Shimbiris class),
Michelle (Yr 4, Chimborazo class),
Dennis (Yr 6, Vinson class)

# Managing Covid—what now?

The UK Health Security Agency published updated guidance on 24 February

- no longer recommends regular testing for pupils/staff without symptoms
  - ends legal requirement to self-isolate following a positive test.
- positive tested adults/children advised to stay at home and avoid contact with other people until they have received 2 negative test results
  - unvaccinated contacts no longer asked to self-isolate if in contact

If your child tests positive please ask for advice as full isolation is not always necessary



Get set... we're taking part in Sustrans Big Walk and Wheel 2022, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 21 March to 1 April. It's free and we would love everyone to be involved.

#### What do you need to do?

Encourage your child(ren) to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event.

#### Useful resources

To help you prepare, Sustrans has developed a handy free guide packed with advice, games and challenges to help you have hassle-free cycle, walk or scoot to school.

Download your free family guide using this link: https://www.sustrans.org.uk/sign-up-to-receive-your-free -family-quide/

For more information about the event go to www.bigwalkandwheel.org.uk

#### Enjoy the challenge!

FILL IN YOUR DETAILS



Free Easter Holiday Family Activities with the London Wildlife Trust at the Centre for Wildlife Gardening 28 Marsden Road SE15 4EE

Monday & Tuesday 4th&5th April 10 till 3 **Brilliant Birds** 

A fun two day course for families living in Southwark to discover garden birds, make nests. find out about spring migration, play games, learn to use binoculars, stories and crafts

#### Monday&Tuesday 11th&12th April 10 till 3 Marvellous Minibeasts

A fun two days for families living in Southwark to discover the important little animals in our garden and have fun exploring different habitats such as the pond, the log pile and the trees. Games, crafts, trails, animal Olympics. Supports school learning too.







Limited places. To book visit https:// www.wildlondon.org.uk/events

Email dwallace@wildlondon.org.uk or phone 07740 717930

# Mini Easter Egg **Design Competition**

Colour it in, draw a design... but hand it no later than **Monday 28th March** 

(blank copies will be handed out on Thursday to use or print off this egg)

All entries will receive a certificate and the Year Group winners will take home a donated Easter Egg. All entries must be received no later than Monday 28th March with competition winners to be announced in assembly next week.

